

120th Founders' Day

The Alabamian

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University hosts panel discussion on race and law enforcement

By JASMYNE RAY

The University held a panel discussion called “Better Together: A Conversation on Race and Law Enforcement” on Tuesday, Oct. 11.

The six panelists for the evening traveled from Montgomery and Birmingham to speak: Birmingham Mayor William Bell, Montgomery Mayor Todd Strange, Shelby County Sheriff John Samaniego, Governor Robert Bentley’s Director of Minority Affairs Nichelle Nix and Pastor of the historical Sixteenth Street Baptist Church Reverend Arthur Price, Jr. The moderator for the evening was Christopher Nanni, CEO of the Community Foundation of Greater Birmingham.

To begin the evening, President John Stewart told an anecdote shared with him by history professor Dr. Wilson Fallin Jr. One day, Dr. Fallin was pulled over by a white officer and having felt that he was racially profiled, spoke his mind about the situation to the officer. When Fallin apologized, the officer replied saying that he understood why he was so upset and that he was even in a training program about how to handle situations like that.

Nanni started the conversation by bringing up statistics about violence in 2015. According to FBI statistics, aside from a significant uptick in overall violent crime, 2015 was a year with one of the lowest crime rates on record from the past four presidencies. According to a Harvard University study, the country is safer than it was 45 years ago and in no year during George W. Bush’s, Bill Clinton’s, George H. W. Bush’s or Ronald Reagan’s presidency was American safer than in 2015.

These facts lead to Nanni’s first question for the panelists of the night, which was what their perspective was on what plays out between police and minority communities. Sheriff Samaniego was the first to respond by saying that it goes back to the trust



President Stewart opens the panel discussion with an anecdote told to him by Dr. Fallin.

Jasmyne Ray | The Alabamian

that lies between the police and citizens.

Nix elaborated on that point, and brought up that there are still some people in minority communities that see police as the “enemy,” therefore making it hard to trust them, but emphasized that it will take strong leadership to bridge the gap.

From there, each panelist would return to the idea of bridging the gap between law enforcement and not just those in inner city communities but all citizens.

Mayor Strange brought along Montgomery Police Chief Ernie Finley to help him elaborate on some of the questions involving law enforcement. Throughout the evening, Mayor Strange emphasized community policing and being familiar with the officers in your area.

Mayor Bell brought up the fact that oftentimes, stereotypes are

to blame for the way some people view others. Later in the evening, he cited the popular urban media website Worldstar as an example of a “Pandora’s box” of stereotypes that can often misrepresent a whole race.

Pastor Price drew on his experiences from when he lived in Philadelphia to illustrate the disconnection between police and citizens. When the second question of the evening about their views on implicit bias was asked, he agreed.

The second question of the evening was on the panelists’ views of implicit bias. Chief Samaniego stated that everyone has a bias and added that part of police training is learning to separate yourself from it. Pastor Price noted that police officers get “the brunt of the blame” when it comes to this and again brought up the fact that there’s a strong need to build

the bridge between police and citizens.

“Getting to understand their warts as well as their beauty makes a lot of difference in understanding each other and that’s what human relation building is all about,” Strange said after the panel.

On the subject of Black Lives Matter, all the panelists supported the organization’s right to protest peacefully. Pastor Price used the analogy of a house on fire to describe the movement: all the houses on a street are important, but it’s the one that’s on fire that needs help the most. In his words, Black Lives Matter is showing that there is still progress to be made.

As suggestions to help with race relations and relationships with law enforcement, it was agreed among all the panelists that holding open forums like

this, speaking about it in class and other social settings are what is needed to keep the conversation going. To close the discussion, Pastor Price urged the audience to begin by respecting one another.

To advise the students on how to begin to make a difference, Nanni presented four options: go outside of your comfort zone, enter into meaningful relationships, recognize your privilege and exercise tolerance. Additionally, he also urged everyone in attendance to vote in the upcoming election.

“Moderator was fantastic, the panelists were really great and the students had asked really great questions that the moderator used. I was really proud of the students who were part of it tonight, so I just felt like it was a big success,” President Stewart said.

UM’s Spectrum goes to Atlanta Pride

by KESHIA MCCLANTOC

On Saturday Oct. 8, 22 members of Spectrum, UM’s Gender-Sexuality Alliance, loaded up and head to Atlanta for the forty-sixth Annual Atlanta Pride Festival. The Pride Festival is an event that promotes the equality and visibility of people from a diverse set of gender and sexuality identities. The festival itself offers a safe space for members of the LGBTQIA+ community to be united and participate in marches, concerts, shows and parties.

Members of Montevallo’s Spectrum spent Saturday, Oct. 8 exploring and meeting other members of the LGBTQIA+ community as well as participating in events such as the Trans Visibility March and Dyke March. On Sunday, Oct. 9 members watched as the streets of the city filled with excitement and participants in the Pride Parade.

Camille Colbert, a sophomore art major, said that events like Pride are important because “Pride exists to show love of people of among people with all kinds of differences.” She furthered this idea by saying

that it was really important for Montevallo’s Spectrum group to go to Pride because “our campus is a safe haven for a lot of students here but not everyone is okay when they have to go home... Pride is a way for many of us to feel that same love we feel on our cozy campus.”

Kaitlin Fiscus, a senior art major and Spectrum’s Public Relations chair, echoed this sentiment by saying Pride gave members of Spectrum “a great chance for the members to meet other people in the LGBTQIA+ community and celebrate who they are, because with all the hate there is out there it’s easy to get bogged down in it sometimes.”

Fiscus’ favorite moment of Pride was when a protester, who she called a “hate preacher,” interrupted the event, but “not a single person acknowledged him” and instead continued to celebrate.

Overall, members of Spectrum enjoyed the event and many of them promised to return in the following year and continue to show the pride they found there.



Pride Festival attendees carry a large rainbow flag through the parade.

Keshia McClantoc | The Alabamian

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Wandering West: A positive influence

by FAITH LUNA



Luna after a six mile hike on the Animas City Trail.

Photo courtesy of Faith Luna

This year, junior Faith Luna will be attending Fort Lewis College in Durango, Colo. as a part of the National Student Exchange Program. She will be writing to us in this column about her experiences.

Every day I fall more in love. It's funny how you can love something that cannot love you back. This land has captivated me. Rainy days are my favorite, but here they seem even more magical. My room has a sloped, vault-

ed ceiling with wooden beams. Outside my window overlooking the mountains is the first floor's tin roof. The fall season here is rather rainy and many a night I'll sit on my love seat and watch the rain and the mist roll in over the

land, with the pitter-patter of the rain on the tin lulling me to sleep.

In these last seven weeks I've had the pleasure of watching a family of deer with fawns grow. When I first moved here the babies were so tiny, scurrying behind their mothers. I felt almost like them, taking unsure steps in my new surroundings. But as time progresses we both walk more confidently, growing accustomed to the way of life. The family wanders all over campus but often they stay near my residence hall since we are the closest to woods. They're domesticated in a sense, because they're acquainted with humans. Often I'll walk to class strolling by less than 10 feet from them.

My temporary home has much beauty to offer, but in more ways than just landscape. Quite recently I learned that Fort Lewis College is a progressive thinking school that aims to honor all its students. Instead of celebrating Columbus Day, the college recognizes the second Monday of October as "Indigenous People's Day." Fort Lewis was originally a military fort that was turned into a Native American boarding school. Because of these origins, Native American students who qualify receive free tuition, thus leading to a higher enrollment of Native American students. It's fascinating to see an educational institution make those steps towards cultural consciousness.

Living in Colorado has been such a positive influence on my health. Everyone around me seems so active, and it's conta-

gious. I recently hiked the Animas City Trail, blindly signing up for the group hike with a friend. I don't know what I was expecting-not leisurely per se, but I also wasn't expecting an arduous six mile hike either. The group hike was led by a professor and included other students as well as another professor and his family. He had a young son, of maybe 10 years or so, and the son's friend was with them as well. These kids were well-accustomed to the physical strain of the hike and practically doing laps around me - I'll maintain that I am still suffering from the altitude difference. It's in the culture here to be active.

People would wink at me and say, "have fun in Colorado" when I told them I was moving here, suggesting that everyone in Colorado indulges in the use of marijuana. That is the expectation. The reality - well, what I have found - is most people do. A friend and I were discussing the subject and I mentioned that I had never smoked before. He remarked that that was pretty rare. My boyfriend was recently talking to a friend about how I was here and he said his friend kept asking if I smoked. Sometimes stereotypes are the way that they are for a reason. In Colorado's society using marijuana isn't something a "certain type" of person does, as I would argue is the status quo in Alabama. It's a normalcy. Either way, I'm happy to stay an anomaly.

GHOST WALK

Saturday, October 29 at 6:30 PM - 9:30 PM

After Art Walk, the University of Montevallo Office of Partnerships and Outreach, in collaboration with the *Alabamian*, will be hosting Ghost Walk! This family friendly walking ghost tour will provide patrons the opportunity to experience firsthand the rich history of the hauntings at UM.

Review: "DNA"

by PAITON LAMI

"DNA," a play written by Dennis Kelly and directed by Marcus Lane, was unique and mysterious and kept you on your toes during every scene. From the moment I entered the Chichester Theater, the set enticed as well as confused me. Behold a tiny, intimate room in which there are pipes haphazardly placed, lit with exuberant colors in the center and a spray-painted wall which made the small space seem run-down, trashed and abandoned.

Not having any idea what the play was about, the title pops up several times. The performance emphasizes that, yes, DNA can be crippling evidence but it's also a vital component of how we're made, how we act and our personas. It involves a group of popular teenagers hazing another teen to the point of an accidental murder. The whole ambiance of the show was dark. Danny, played by Jesse Byron, said it best when he stated, "All people are capable of all things," bringing to light the fact that all of these teenagers have an internal struggle of who they have to become to protect one another.

The performances from all of the cast were nothing less than breathtaking, but two actors really seemed to stand out: Elisha Taylor and Hannah Stephens. Taylor portrayed Phil, the leader of a group of teenagers going through a crisis, which happened to be accidental murder. Throughout most of the play his character is a silent leader, and his facial expressions showed all

the emotion we needed. From slight amusement to confusion, the audience could quite literally read his face. When needed, he was also the controlling force in the room, demanding everyone's attention.

As soon as Stephens' character, Leah, opened her mouth I thought "Man, Leah is annoying." Watching the rest of the play, you realize Leah is supposed to be. The challenge Stephens had to conquer was "talking" to Taylor's character while he was completely silent. Her ramblings revealed what the character really wanted, and she would pause just as a person lost in thought would. I thought her dramatic presence was perfect.

What struck me as most surprising was that there was such a hostile environment on stage between the characters, and the chemistry was amazing. During the 10-minute talk, the complete cast seemed to love each other as family. Robert Henshaw described their relationship perfectly when he said his favorite aspect of the show was "how close we as a cast became. We were able to get such a unique and dynamic relationship as well as the insane chemistry onstage."

All in all, if I had the choice to see "DNA" again, and experience the emotions with a surprise twist - the "murdered" teen not being dead - I would definitely jump at the chance.

On the Bricks

with

Keshia McClantoc

1) Are you going to the Life Raft Debate?

2) Why do you think the Life Raft Debate is such a uniquely Montevallo tradition?

3) What is your favorite part about the Life Raft Debate?

4) What discipline would you put on the life raft? Why?



Jordan Wilson
Junior Chemistry Major



Caleb Lowe
Senior Mass Communication Major



Katherine Riley
Sophomore Family Consumer Sciences

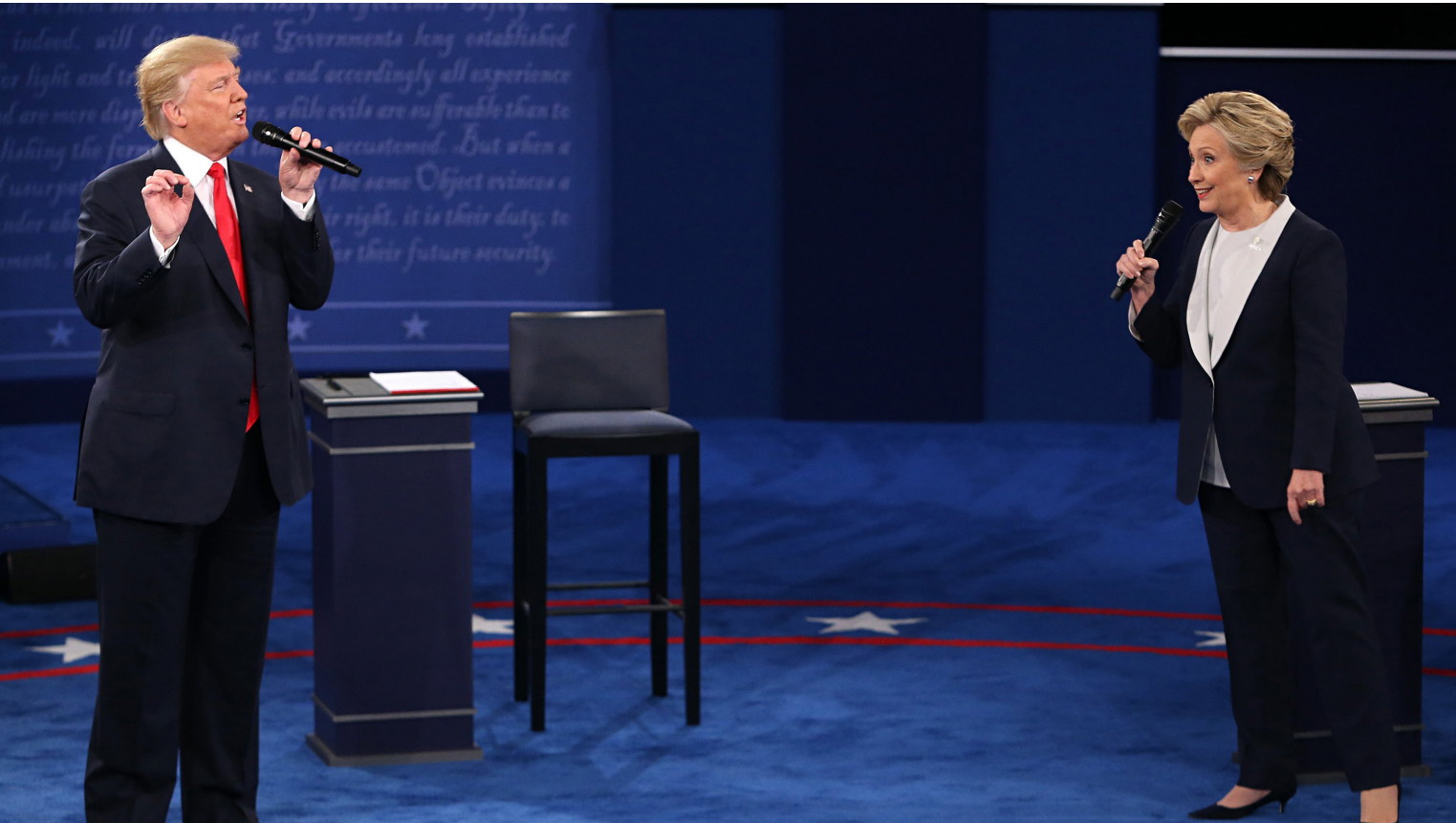
- 1) Yes.
- 2) The students get to see beloved professors jokingly debate, which is humorous and is always memorable.
- 3) Seeing how the nerdiest professor does against the rest.
- 4) Any STEM or history discipline, so you can advance when you survive and know what not to do based off of historical knowledge.

- 1) Yes.
- 2) Being a smaller campus, we get to feel more attached to our professors, getting to know their personalities rather than just learning from them. This makes it all the more interesting when we listen to them make pitches as to why we should let the others down.
- 3) My favorite part of the debate is how funny the professors are. This event gives them the opportunity to just let loose.
- 4) While there are perfect justifications for every discipline to be kept on the raft, I'm personally a bit biased towards valuing the sciences, due to how their understanding of the natural world could be helpful aboard a life raft.

- 1) Yes.
- 2) No one else does it. I think it gets the students to think about what classes they like and what's important.
- 3) One of the professors taking off their shirt last year.
- 4) History because we can learn from our mistakes in the new society.

Trump and Clinton face off a second time

by JOHN WILSON



Trump and Clinton on stage during the second presidential debate on Oct. 9 at Washington University.

Christian Gooden | St. Louis Post-Dispatch | TNS

Over 66 million people tuned in to watch Sunday night’s presidential debate between Hillary Clinton and Donald Trump. The two presidential hopefuls gave the Nation a show that was unreal.

Trump and Clinton faced off in the town-hall-style debate on the campus of Washington University in St. Louis. Anticipation of the debate was high after the discovery of some risqué comments Trump made in reference to groping a woman’s private area just days before the debate.

CNN’s Anderson Cooper moderated the debate along with ABC News’ Martha Raddatz. The 90-minute debate began with each candidate refusing to shake hands with the other, signaling how sour this election cycle has

turned between the two major parties.

After recalling his remarks in the “locker room talk” video Trump admitted, in retrospect, he was disappointed in himself. Clinton went on to say that the video “represents exactly who he is.”

“I know you’re into big diversion tonight,” Clinton told Trump. “Anything to avoid talking about your campaign and its explosion and how Republicans are leaving it.” Since this video surfaced, Trump has lost endorsements and the support of many Republican senators and congressmen.

Clinton revealed that Russia is seeking to have some influence this year’s election, though it was not on her behalf. She also cited

that the Kremlin was accused of attacks on Friday according to U.S. intelligence.

Trump expressed intense hostility towards Clinton, calling her a liar repeatedly, and discredited her accomplishments throughout her political career. He ghoulishly stood behind her as she spoke to members of the audience. During the debate, Trump informed Clinton that she would be in jail if he became president and pointed at her saying, “she has tremendous hate in her heart.”

Stirring the crowd, Trump unapologetically admitted that he avoided federal taxes by applying for almost \$1 billion dollars in personal losses. He also revealed that he is moving away from his “ban on muslim” policy, despite

having called for one in December of 2015.

From a catalog of Bill Clinton’s alleged sexual assaults to an intense line of diversion on both sides, the entire night was littered with falsehoods. Both candidates spent the majority of the debate on the defensive, cutting each other off just to rehash sarcastic political banter and insults. Most people would agree that the debate was a nasty affair between Republicans and Democrats. The only good thing that came out of the event was the ripped pants story - and that’s quite sad.

The Alabamian

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The finders in front of the bush where they discovered the crook.

Alyssa Luna | University Relations

CONGRATULATIONS

to this year’s finders of

THE CROOK

Spencer Anglin, Hallie Hooten, Shelby Hull and Amber James

This year, to celebrate UM’s 120th anniversary, the Crook was hidden near a campus building built in 1896.

The Puryear House is named in memory of Sarah Puryear who taught English at the University for 37 years.

Pence and Kaine debate in VA

by NICK NORRIS

Governor Mike Pence of the Republican Party squared off against Democratic Senator Tim Kaine for the vice-presidential debate at Longwood University on Tuesday, moderated by Elaine Quijano.

The nominees took to the stage to discuss their individual and party’s viewpoints regarding issues concerning their running mates alongside other systematic problems within the government.

Quijano ran the debate by giving each nominee two minutes to respond to the questions asked, though that rule was not often followed.

The majority of the roughly 90-minute run time was spent arguing over the controversial issues of the two presidential candidates and how to build a safer, more productive America.

Quijano started the heated discussion by first asking Senator Kaine about his stance concerning the public’s possible suspicious attitude towards Hillary Clinton

due to her email scandal.

Kaine responded by saying that he trusts Clinton because of her dedication to helping other people throughout her life. “Hillary Clinton has that passion,” Kaine said.

The topic changed soon after to the questioning of Donald Trump’s ethics and morals, particularly towards his regards to women and immigrants. Pence defended his partner with the fact that Trump has created many jobs with his businesses. “He’s employed tens of thousands of people in this country,” Pence said. He also claimed that Trump respects all people alike.

The debate’s pattern continued to evolve with one candidate’s decision making questioned followed by the opposing candidate’s stance examined afterwards. The discussions were fiery and the two contenders exhibited a stern stance on each of their ideals.

Kaine perhaps took the more aggressive approach, using the

majority of his time to bring multiple controversies concerning Trump to light, especially his missing tax returns.

Pence was defensive of the accusations, saying that the taxes were paid despite information not being released. Pence also took a few jabs at Hillary concerning her emails and on “running an insult-driven campaign.”

The debate ended with a respectful handshake among the two candidates, both leaving in support of their presidential counterpart.

However, in the days following an audio clip from 2005 revealed Trump speaking with a reporter concerning his attempt to have sexual relations with a married woman emerged depicting some graphic and vulgar language.

Pence stated that “I cannot condone his remarks and cannot defend him.” Pence has since opted out of attending a rally with House Speaker Paul Ryan.



Vice presidential nominees Kaine (top) and Pence (bottom) speak during the debate on Oct. 4 at Longwood University.

Bao Dandan | Xinhua | Sipa USA | TNS

Falcons cross country in fine form ahead of conference championship

by ALEX TEJADA



Th women's cross country team takes off from the starting line at a recent meet.

Courtesy of UM Athletics

The men's and women's cross country teams will travel to Milledgeville, Ga. on the 22 this month for the Peach Belt Conference Championship.

The women's team has won three of the four events leading up to this pivotal meet. They won the Furman Invitational to open the year and followed this up with wins at Jacksonville State and Florida State. They placed third in the Falcon Classic at Montevallo. The Falcons have been led by three key runners: Katie Nelson, Cheyenne Thompson and Anna Leinheiser. Thompson

won the Peach Belt Runner of the Week award after her first overall finish at Furman. The Falcons had five runners finish in the top 20 to open the new season. Nelson has been the past three weeks' Runner of the Week recipient. Nelson's 17:49 finish at Jacksonville State was the second fastest 5K in program history. However, the greatest improvement over the course of the season has been from Leinheiser. She has finished top 10 in all four meets this year. She improved on a tenth place finish at Furman with an eighth place finish at home. She followed

this up with a fourth place finish at Jacksonville State before finishing second only to teammate Nelson at Florida State. Leinheiser and Thompson, along with fellow seniors Natalie Shoemaker and Katherine Terino, will be heavy favorites to claim the Peach Belt title. They are the only team in the conference in the national rankings, sitting at nineteenth.

The men's team also claimed a Peach Belt Runner of the Week award this week. Donny Barnes won his first award after a fantastic finish at Florida State. He finished second in the division

and thirteenth overall as the team finished fourth in the standings. The junior from Huntsville has had a magnificent season and his 25:20 time at Jacksonville State was the second fastest 8K time in school history. He finished third overall as the Falcons claimed the division title due in part to seven runners finishing in the top 25.

Four runners finished in the top 20 this past weekend at the Florida State Invitational. Barnes was joined by fellow juniors Michael Johnson and Jordan Strong as well as by senior Darrius Wood. A pleasant surprise

for Coach Barksdale will be the performances of freshman Seth Graham. Graham led the team in the Falcon Classic, as the team finished eighth on the day. After an opening meet fifth place finish, led by Barnes' eleventh place individual time, the Falcons have had further signs of encouragement. A division title at Jacksonville State was followed up by the impressive fourth place in Tallahassee. The men's team hopes to compete for a Peach Belt title and outdo Young Harris as they did at Jacksonville State.

FIJI hosts Pickleball Vlassic philanthropy

by ERIN GREEN



FIJI members Joseph Foster and Tyler Warlick tote a jar of pickles.

Miles Owens | The Alabamian

Once, a bored family wanted to play badminton but could not find the shuttlecock. They improvised, thus creating what is known today as pickleball.

Pickleball is a racquet sport that combines tennis and ping pong. Senior, FIJI Philanthropy Chair and organizer of the event Taylor Kosman said the idea came from FIJI's "president's girlfriend's parents." They built a pickleball court at their new house. "We thought it would be a fun game to try out especially since most people haven't heard of it."

Most UM Greek organizations participated in the event. They competed against other teams in order to win the game. While having several games going on at one time, everyone was able to cheer for their teams while enjoying pickles as snacks on the side, which FIJI sold.

"I think [pickleball] is unique. We always do volleyball or kickball, and this is bringing something different to the table," said Steven Walling, a senior and Alpha Tau Omega brother.

Chad Langley, a sophomore Lambda Chi brother, said "I think it's great because it's an original idea having young people play an old person's sport."

Marlee Graves, a Phi Mu senior, agrees with the uniqueness of the sport. "I really like it. I've never heard of pickleball before. I think it's cool they incorporated something different this year and I think it's really funny that they're selling pickles at the event too."

After all of the participants battled it out on the tennis courts, it came down to Delta Gamma in third place, Lambda Chi in second and Alpha Kappa Lambda taking first place. FIJI raised approximately \$760 and the money will go to their national philanthropic partnership, United Service Organizations (USO).

Upcoming Sports Schedule

<div>WTEN</div> <div>FRI. OCT 14</div> <div> AT </div> <div>BELMONT ABBEY</div> <div>8 AM</div>	<div>WTEN</div> <div>FRI. OCT 14</div> <div> AT </div> <div>CONVERSE</div> <div>3 PM</div>	<div>MSOC</div> <div>SAT. OCT 15</div> <div> AT </div> <div>UNC PEMBROKE</div> <div>12 PM</div>	<div>WSOC</div> <div>SAT. OCT 15</div> <div> AT </div> <div>UNC PEMBROKE</div> <div>9:30 AM</div>
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SGA hosts third Carnival for a Cure

by PAITON LAMI



Katie Compton and Vandy Myers | The Alabamian

This is the third year the Student Government Association (SGA) has put on Carnival for a Cure, and the second year its proceeds have gone to the American Cancer Society. With some Halloween-themed booths, it felt like the perfect fall carnival to attend on one of the rare, not-blazing-hot days in Alabama.

With dance-worthy music playing and not only students, but families with their young children attending, the carnival felt completely wholesome.

Several booths were giving away live goldfish which was a great motive to play the carnival games, especially since fish are the only animal allowed in the residence halls. Candy was also available as a prize.

There was a barbecue truck and other food booths, so attendees could indulge in the sugary sweetness of cotton candy and get energized before playing all the games. Apparently the food was a big hit. Freshman Lily Dickinson said, “The brownies were definitely

my favorite part. The food is really good.”

There was also a palm reading booth, set up by Chi Omega. The Minority Student Union (MSU) booth had balloon darts with cancer facts inside of them such as, “A single cigarette contains over 4,800 chemicals, 69 of which are known to cause cancer.”

In addition to being a family carnival, it was also an insightful and informational event. Everyone seemed excited and happy to put on the carnival and seemed

to enjoy each other’s company. It seemed that all the attendees’ favorite part about the Carnival for a Cure was spending time with the members of their organization, laughing and collecting tickets. A popular activities was the Alpha-Grab-A-Donut where you would throw rings colored as donuts onto “milk” jugs and would get a donut for every ring that was rung.

Another favorite, hilarious touch of the carnival was a bouncy arena where people could hit

their friends with a giant blown-up “cotton-swab” until someone fell down in the arena.

The carnival was a big hit for all ages, from three-year-olds with their parents to college students.

“So many students are affected by cancer and we just wanted to donate to something that touches a lot of people,” said SGA President Hunter Huie.



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Owl-O-Ween Fun Run


Saturday, October 29, 2016
University of Montevallo



On Saturday, October 29, 2016, the Chi Omega's on campus at the University of Montevallo will host their fourth annual 5K with a new twist. This year the Fun Run is titled "Owl-O-Ween" and will be Halloween themed! The purpose of this event is to raise funds and awareness for Make-A-Wish® Alabama. This event will consist of a 5K walk/run along with concessions, door prizes and of course, fun! A one-mile walk/run option will also be available. Participators and guests will be encouraged to wear a family-friendly Halloween costume or silly hat.




5k pricing: \$25 non-student,
\$20 student
1-mile pricing: \$20 non-student, \$15 student
Pricing for group organization 5K (4 person team): \$60
Pricing for group organization 1-mile (4 person team): \$50

Information for student organizations:
We would like to invite student organizations on campus at the University of Montevallo to register as a group! Winners from this category will receive a monetary donation to a non-profit of their choice. Groups will compete on multiple categories in which they can receive various point values (for more information contact Haley Barnett, hbarnett@forum.montevallo.edu).



Spotify®

PLAYLIST



SING ME TO SLEEP

“Try Sleeping with a Broken Heart” - Alicia Keys
You’ve got the right idea with this song. You want to be sleeping, but hopefully not with a broken heart. The dreamlike airiness of Keys’ voice will have you dozing in no time.

“Little Do You Know” - Alex & Sierra
What better way to fall asleep than with a slow-building ballad playing in your ear? Alex & Sierra’s duet set to piano is so pure and relaxing that you won’t even remember falling asleep.

“Safe and Sound” - Taylor Swift ft. The Civil Wars
Taylor Swift’s versatile vocal range perfectly combines with the delicious harmonies of The Civil Wars. The chorus says it best: “Just close your eyes, the sun is going down.” This hauntingly beautiful song is the perfect lullaby for anyone looking to wind down after a long day and get some well-earned sleep.

“I Wanna Be Yours” - Arctic Monkeys
I’m a person that can unwind or fall asleep to all music. But this song is really nice to relax to because

of its slower beat and nice, soft, alternative sound. I love the Arctic Monkeys at a fast pace, but this slow one just makes me ‘wanna’ sing and sleep.

“Goosey” - Glass Animals
I have no idea what they are saying in this song, but that’s totally fine because who needs lyrics when they’re going to sleep? I like it because of the chill melody and subtle percussion. To me, it’s difficult NOT to fall asleep listening to this.

“Paradise” - Wild Nothing
It’s called dream pop for a reason. This song helped me self-cure amnesia a couple of years ago. It’s on an album called “Nocturne” so that should already make you sleepy.

“Coffee Shop” - B.A.P
It has a gentle beat and the group’s voices are really calming and soft. I enjoy having music that makes me feel like I’m lying on purple pillow with my favorite stuffed animal named Mango.

“The Trapeze Swinger” - Iron & Wine
This song is perfect for snoozing because the music is simple and consistent-there are no tempo changes and no bridge to distract you. It also doesn’t hurt that this song is almost 10 minutes long! You’ll be drifting in no time.

“Blinding” - Florence & the Machine
A soulful voice accompanied by an ethereal harp makes this a great tune to relax to. You’ll want to fall asleep in a field of flowers and let the fairies carry you off to Dreamland.

“Hey There Delilah” - Plain White T’s
A bit of a throwback on your list of lullabies, but a great addition nonetheless. No one can easily stay awake when a soft crooning voice syncs up with an acoustic guitar and a violin. You’ll be tempted to sing along, but eventually your words will start to slur, your heavy eyelids will become too heavy and you’ll fall victim to the clutches of sleep.

Fashion on the Bricks: Founder’s Day

By LILY DICKINSON AND SAM ORCUTT



TenHopen and Ozment show their spirit by sporting the school colors.



Sam Orcutt | The Alabamian

Founder’s Day is here and with it comes a campus-wide feeling of appreciation for the wonderful university we all attend. Many students are showing their school spirit through what they wear. T-shirts are one of the most popular items of clothing chosen. Freshman Sally Ozment has approximately 12 Montevallo t-shirts and loves to wear them all the time.

Markita Bell, a sophomore, likes wearing purple specifically because her favorite color is

purple. Nick Tenhopen, a super senior, likes to wear Montevallo shirts at least once a week, and pairs his t-shirts with his Montevallo lanyard.

Sometimes it is for specific occasions that students love to show their school pride. Ozment wore her lovely purple and gold long-sleeved Montevallo shirt specifically for Founder’s Day. “When there’s a mixer, like Trippin’ on the Bricks,” Ozment said, are other occasions she likes to wear University of Montevallo clothes.

Sports games are also great times to show some school spirit in your clothing, as Tenhopen does, wearing many Montevallo shirts to soccer games. Special occasions such as these are great times to dress up in your best school colors.

The time to show your school spirit is already here! Oct. 13 is Founder’s Day, a perfect time to pull out your favorite Montevallo attire, or accessory, and show that you love your school!

Show us how you’re showing school spirit for Founder’s Day!
Tag us in a selfie showing off your UM pride with
#UMFOUNDERSFASHION
For a chance to be featured on our page
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